

FITNESS

in the Park



SEQUOIA
WELLNESS

**Rootstown
Community
Park**

WHAT

A family style Boot Camp fitness class that is open to families with children ages 8 and older



WHERE

Rootstown Community Park
Meet at the swingsets



WHEN

Saturdays from 10-11 AM
beginning June 4 - August 27



Join us for this fun, family-oriented Boot Camp class. No equipment needed! Free to the community!

For questions
contact Karey Higgs

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